Interview: "Motivation and team work were the main reasons for the success and continuity of the LOS over the years."

By Kinga Mollon, DTMEA

The Lebanese Orthodontic Society (LOS) is one of the oldest dental societies in the Middle East. Kinga Mollon from Dental Tribune Middle East & Africa had the pleasure to interview Dr Mona Sayaigh Choussiou, President of the Lebanese Orthodontic Society.

**INTERVIEW**

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Thank you for the interview and time Dr. Mona. Looking forward to welcoming you in Dubai, 12-13 April 2019 for the 14th CAD/CAM & Digital Dentistry Conference.

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Dr. Mona, could you please briefly introduce LOS and what the Society does? Founded in 1965 in Beirut, Lebanon, the Lebanese Orthodontic Society (LOS) is one of the oldest dental scientific societies in the Middle East. This society have been instrumental in its conception. Drs. Pierre Rizkallah, Edgardo Debbaneh, Frederic Maalouf and Alexandre Khoury.

Today, the LOS is a member of the Arab Orthodontic Society, a corresponding member of the European Federation of Orthodontics and an affiliate organisation of the WFO. It has currently 230 affiliated members who are orthodontic specialists and practice orthodontics exclusively. Moreover, it contributes actively to the development and progress of orthodontics in Lebanon through the organisation of one main meeting per year, as well as many seminars. Since 1993, several renowned orthodontists have participated in LOS meetings and seminars, including Drs. Robert Ricketts, Roberto Justus, Athanasios Alfanarios, Ravindra Nanda, in addition to many others.

Working closely with the Lebanese universities, the LOS supports the development of the specialty in Lebanon by furthering the continuing-education of its members and by encouraging the development of scientific research in orthodontics. In October 2001, the LOS hosted the 5th Arab Orthodontic Meeting in Beirut, during which the first directory of Arab orthodontists was released. The LOS also hosted the first meeting of French-speaking orthodontists in Beirut in February 2005. Moreover, Beirut was the site of the 11th Arab Orthodontic Meeting and 12th Lebanese Orthodontic Congress in November 2013. In 2016, the Golden Jubilee of the LOS was celebrated during the 3rd Francophone Meeting CROS (Collège InterUniversitaire Francophone en Orthodontie) in Beirut.

The LOS is active since 1965. Could you please tell us how far has the Society come since then? Motivation and team work were the main reasons for the success and continuity of the LOS over the years. A few motivated and experienced orthodontists instigated the Society at the start with the ambition of better structuring the profession and keeping the orthodontics at the start with the ambition of better structuring the profession and keeping the orthodontics at the forefront. Interdisciplinary seminars with orthodontists from all nationalities are invited to join in order to combine efforts and plan for future collaborations. All information concerning LOS activities are regularly displayed and updated in the LOS website (www. leborthosoc.com).

What was the main goal you would like to achieve by the end of your presidency when you joined LOS? In fact, while progressing in the work at the LOS, not only one but many fundamental goals seemed to be of major importance. If I must choose one, it would be to place the LOS in a leading and front position internationally by enhancing and supporting scientific research and publications. LOS can contribute actively to connect Lebanese orthodontists with other orthodontic organisations and institutions to attain this aim.

The LOS is annually organising many events, could you give us more information about the upcoming one?

Motivating orthodontists to subscribe to the LOS was one of the main goals to allow interaction and to keep them within the educational path. Interdisciplinary seminars with eminent speakers are organised on a regular basis. Several topics in relation with orthodontics are discussed in such seminars.

Working hand in hand with other orthodontic societies such as the Tunisian and the ATREO “Association Tunisienne de recherche et d’études en orthodontie”, in two joint Meetings was successful and thriving. The first one took place in June 21-23, 2019 in Beirut and the second in December 14-16, 2019 in Tunis where colleagues shared their knowledge and consolidated friendships.

In February 21-24, 2019, the 13th Saudi Arab Orthodontic Society Meeting was held jointly with the 14th Arab Orthodontic Society Conference in Jeddah and was at a high international level. All Arab Orthodontic Societies’ Presidents including Lebanon were present to exchange experience and coordinate together.

It is important to emphasise that all previous and upcoming LOS achievements are owed to the team-work and efforts made by the preceding Presidents and Committees; and as the American Author Helen Keller quoted: “Alone we can do little; together we can do so much.”

Dr. Mona, you have joined the Lebanese Orthodontic Society as President in 2018. Could you please share with us your experience so far? The experience has been rewarding and worthy. My participation as a LOS member at the beginning, then part of the executive board and chair of the scientific committee later helped me greatly in progressing as LOS President with a background at the scientific, logistic and relational aspects. Since the start, the objectives were well-defined and approved by the newly elected board and committees involved in the good administration of the Society.

Could you please briefly introduce the current LOS presidency and upcoming LOS achievements are owed? The current LOS presidency is motivated and team work are the main reasons for the success and continuity of the LOS, and the main focus is to encourage and develop scientific research in orthodontics.

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